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A Bridge

My role of instructional technologist bridges pedagogical divides through trainings, consultations, <u>podcasts</u>, and <u>blogposts</u> so that faculty can learn and share new ideas with each other. Please let me know how I can help you.

Inside This Issue

- Episode 4 Cultivating Soft Skills with Juliette Bourdier
- TLTCon Save the Date!
- For Lovers of Film Noir (Win a \$5 gift card!)

<u>Episode 4 – Cultivating Soft</u> <u>Skills with an Undergraduate</u> <u>Academic Journal in French</u>

Click on the above link to catch the conversation I had with Juliette Bourdier of French, Francophone, and Italian Studies about the undergraduate academic journal she created.





The end of all knowledge should be service to

others.

César Chávez (1927-1993)

Care for self \rightarrow Care for others

When we consider the "break" within the self-care tradition, we can see that a well-chosen break has the ability to benefit our families because we are effectively caring for ourselves. It's imperative that we find meaningful "breaks" at work so that we can meaningfully participate at home. Click <u>here</u> to continue reading.



